

\*Please note: Proof of vaccination, photo ID and a mask will be required upon entering into either of our Senior Centers to attend classes, events and activities. Visit our website at [SouthSoundSeniors.org](https://SouthSoundSeniors.org) for additional details on guidelines.



## Move from Adulthood into Elderhood

Wednesday, December 1 @ 10:00 am

Olympia Senior Center and via [Zoom](#)

Terry will discuss Elderhood, a generative stage of life where one celebrates their role as wisdom keeper, mentor of the young and potentially, a source of blessing. This paradigm of living for the second half of life is defined in Terry Jones' book, *The Elder Within*, available on Amazon. Eldering, the active form of elderhood, asks us to rediscover a generative developmental model for moving from "adulthood" to "elderhood". Older people today are fully capable of rediscovering their spiritual radiance and maintaining their social responsibilities and act as advocates for the young. **Terry Jones, D. Min.**, retired mental health professional will share his excitement about a second half of life journey that has been energizing and transcendent. He calls it the "elder journey".



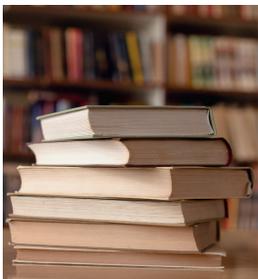
## Understanding Israel

Wednesday, December 8 @ 10:00 am via [Zoom](#)

Online registration required.

How much do Americans really know about the people and culture of Israel? How can we foster a better understanding of this intricate state and its neighbors? Join Professor Nancy Koppelman as she explores 12 features of Israel's history, diverse ethnic and religious ways of life, governance and justice structures, and educational system. This talk sheds light on the people who reside in Israel and the occupied Palestinian territories, and aims to provide history and context for this complex nation—the only state in the world with a majority Jewish population. **Nancy Koppelman (she/her)** has been a faculty member at Evergreen State College in Olympia for 26 years. She teaches interdisciplinary programs that combine American history, literature, philosophy, and writing, among other fields. She holds a three-year appointment as Visiting Research Scholar with the Schusterman Center for Israel Studies at Brandeis University, where she was a faculty fellow in 2019. Koppelman lives in Olympia.

humanities | h  
WASHINGTON | w



## Adult Story Time

Wednesday, December 15 @ 10:00 am • Olympia Senior Center

Local actor and Senior Services volunteer Lynn Couch takes us back to Prohibition New York. Bring your holiday spirit to Damon Runyon's Prohibition-era New York for "Dancing Dan's Christmas." Broadway gamblers, gangsters, bootleggers, and an unusual visit from Santa. Author Alfred Damon Runyon was an American newspaperman and author best known for his short stories celebrating the world of Broadway's "Guys and Dolls."

Olympia Senior Center • 222 Columbia St NW • 360.586.6181  
Virgil Clarkson Lacey Senior Center • 6757 Pacific Ave SE • 360.407.3967

*The views and opinions expressed in these talks are those of the speakers and do not reflect the official policy or position of Senior Services for South Sound.*