Quality care in an enriching environment for those living with Alzheimer’s Disease, other dementias, or other chronic illnesses.

Program for Adults

• Alzheimer’s Disease/Dementia
• Advanced Care Planning
• Caregiver Support Group
• Memory Café/Momentia
• Care Connection Provider Registry
• Meals on Wheels
• Rural Transportation Services

360.407.3967, ext. 107
BrighterDays@southsoundseniors.org

Administrative Offices
Senior Services for South Sound
222 Columbia St NW
Olympia, WA 98501

In addition to Adult Day programming, we provide consultation and services regarding:

Schedule a Visit
Schedule a location visit today, or an in-home care assessment by one of our Brighter Days Family Support Specialist. They will help evaluate your family’s individual care needs and will tell you if our programs are the right choice for your family. There is no obligation to start using services and we will refer you to other community resources if we are not the right service for your needs.

I feel less stress knowing my husband is well cared for, enjoying his ‘day in the office’ and fellowship among friends.”

— GAIL
Experience the Brighter Side

Experience quality dementia care with the personalized support of our hands-on, compassionate care team. Brighter Days is centered around helping our clients maintain independence with dignity by providing a full day of enriching activities that keeps adults with Alzheimer’s Disease and other dementias, or other disabilities engaged.

Our highly qualified staff provide an atmosphere that features unique cognitive and physical activities that cater to individual needs and interests. By participating in Brighter Days, our clients benefit from ongoing mind and body stimulation that improves their overall quality of life.

Benefits

- Increases socialization opportunities with peers
- Expands support network with caring staff
- Increases in self-esteem
- Increases cognitive stimulation
- Enhances life experiences
- Daily nutrition services
- Caregiver respite
- Possible delay or prevention of placement in a care facility
- Affordable weekday care option for loved ones