

Lives We Changed

GERALD'S & CARL'S STORY

Gerald's time at Brighter Days gave his wife Suzette a break to help her maintain her own health, both physical and mental, and to give her time to think about the next steps in Gerald's care. While Gerald was at Brighter Days, he formed a close friendship with another participant, Carl. Both men found Brighter Days to be a safe and encouraging place to spend time and find a new friend. Carl is a naturally caring person and he was drawn to encourage and show concern for Gerald. They supported one another and helped each other through each day. When Gerald moved into a care facility, their spouses worked to help them maintain their friendship. Suzette



says, *"The combination of interesting activities that maintain mental stimulation and caring staff and volunteers makes the Brighter Days program a great place for people living with dementia and their caregivers!"*