

Senior Nutrition Program June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Breast Reuben Sandwich Marinated Tomato, Cucumber Salad Fresh Grapes	4 SITE CHOICE	5 Veggie & Cheese Quiche Mixed Green Salad Fresh Oranges Dinner Roll	6 Sloppy Joe Sandwich Potato Salad Mixed Green Salad Fresh Fruit	7 Baked Fish w/Lemon Dill Sauce Wild Rice Blend Key West Vegetables Spinach Salad Applesauce
10 Stuffed Bell Pepper Mixed Vegetables Cottage Cheese Cantaloupe	11 Country Fried Steak w/White Gravy Roasted Red Potatoes Mixed Veggies Apple Slices	12 Chicken & Vegetable Stir Fry Brown Rice Asian Veggies Mandarin Oranges	13 SITE CHOICE	14 Homemade Pizza Mixed Green Salad Cottage Cheese w/ Pineapple
17 Salisbury Steak Mashed Potatoes & Gravy Spinach Salad Fruit	18 Spinach Lasagna Garden Blend Vegetables Fresh Oranges	19 Soup and Sandwich Combo Tossed Green Salad Yogurt & Fresh Berries	20 LOCALLY GROWN FOOD DAY	21 Chicken Enchilada Casserole Chips & Salsa Steamed Zucchini Fresh Grapes
24 Tuna Cakes Scalloped Potatoes Broccoli Waldorf Salad	25 SITE CHOICE	26 Homemade Meatloaf & Real Mashed Potatoes w/ Gravy Carrot Raisin Salad Applesauce	27 Turkey Chili Stuffed Baked Potato w/Cheese Steamed Broccoli Mixed Fruit Salad	28 Asian Chicken Salad w/Sesame Dressing Banana Dinner Roll

** Friday meals in Lacey are not federally funded and require payment to attend** (Menu Subject to change)