

Senior Nutrition Program February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey Meatball Submarine Sandwich Crisp Green Salad w/ sliced red onions Peaches
4 Ham Melt Sandwich Tomato Soup Crisp Green Salad Mixed Fruit Salad	5 Meatloaf Mashed Potatoes w/Gravy Peas & Carrots Fresh Apples Slices	6 Hawaiian Chicken Steamed Brown Rice Capri Veggies Fresh Orange	7 Tuna Cakes Scalloped Potatoes Crisp Green Salad Pineapple	8 SITE CHOICE
11 Chili w/Beef & Beans Cornbread Crisp Green Salad Peaches	12 Chicken A La King w/Veggies on a Biscuit Steamed Vegetables Mandarin Oranges	13 Pork Roast Red Potatoes Steamed Carrots Fruit Salad Dinner Roll	14 Pinto Beans & Ham Over Rice Steamed Broccoli Cantaloupe	15 Battered Fish Fillet Oven Fries Coleslaw Apple Crisp
18 Closed for President's Day	19 SITE CHOICE	20 Baked Chicken Garlic Mashed Potatoes Capri Veggies Fresh Fruit Dinner Roll	21 Stuffed Bell Peppers w/Ground Beef & Rice Spinach Salad Pineapple Dinner Roll	22 Tater Tot Casserole Green Beans Pears Dinner Roll
25 Egg & Sausage Bake w/ veggies Crisp Green Salad Cinnamon Applesauce	26 Fish Scandia Scalloped Potatoes Green Beans Peaches Dinner roll	27 Vegetarian Lasagna w/ Parmesan Cheese Steamed Broccoli Peaches Garlic Bread	28 Swiss Steak Mashed Potatoes w/Gravy Steamed Cauliflower & Carrots Fruit Cocktail	

** Friday meals in Lacey are not federally funded and require payment to attend**(Menu Subject to change)