

Senior Nutrition Program March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Swedish Meatballs Mashed Potatoes Carrots Fruit Juice Dinner Roll	2 Spaghetti Green beans Tossed salad Garlic Bread	3 Tuna Cakes Baked Potatoes Peas Oranges Dinner Roll	4 Herb Baked Chicken Scalloped Potatoes Capri Veggies Pears Dinner Roll	5 Enchiladas Spanish Rice Corn Orange Juice Dinner Roll
8 Salisbury Steak Mashed Potatoes Mixed Vegetables Peaches Dinner Roll	9 SITE CHOICE	10 Beef Stroganoff Peas Fresh Green Salad Peaches Dinner Roll	11 Chicken Cacciatore Egg Noodles Crisp Green Salad Apples Dinner Roll	12 Hot Turkey Sandwich Sweet Potatoes Green Beans Cranberry Sauce Orange Juice
15 Sloppy Joes Fresh Green Salad Fresh Sliced Tomatoes Peaches	16 Tuna Casserole W/Peas Broccoli Pears Dinner Roll	17 Happy St Patrick's Day	18 BBQ Chicken Pork & Beans Mixed Veggies Orange juice Dinner Roll	19 Swiss Steak Mashed Potatoes Peas Pineapple Dinner Roll
22 Deli Turkey & Cheese Sandwich Hearty Beef Barley Soup Fresh Apples Spinach Salad	23 SITE CHOICE	24 Chicken Pot Pie Winter Vegetables Pears 100% Fruit Juice	25 Lasagna Green Beans Fresh Tossed Salad Applesauce Garlic Bread	26 Oven "Fried" Chicken Scalloped Potatoes Fresh Green Salad Pineapple Dinner Roll
29 Baked Fish Scalloped Potatoes Peas & Carrots Oranges Dinner Roll	30 Ham Sweet Potatoes Green Beans Fresh Apples Dinner Roll	31 Pot Roast Red Potatoes Fruit Salad Dinner Roll		

***** MENU SUBJECT TO CHANGE *****

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